



Hui Wa'a O Wakinikona  
Hosts our 23rd Annual  
**Na Po'e O ke Kai Sprint Regatta**  
**May 28th, 2022, Green Lake, Seattle, WA**

**Races Start at 8:30am**

**500, 1000, and 1500 meters sprints in 6-man outrigger canoes**

**ENTRY FEE:** \$36.00 per Adult Crews - \$6.00 for Junior & Keiki Crews, plus \$3.40 per paddler (event insurance fee for all day racing). If paying by check, make payable to: Wakinikona Hawaiian Club

**REGISTRATION NOTES:**

Clubs must pre-register all OC-6 events by Mon, May 23rd using the Sprint Pre-Registration Form (attached), and e-mail to Jason at [jwzimm@gmail.com](mailto:jwzimm@gmail.com). Your lane assignments will be posted on race day at the officials' tent. Each racing crew must complete a Sprint Registration Form (attached) and submit payment to the registration tent.

**RACE RULES:**

All paddlers must have signed waivers on file with PNW-ORCA releasing the host club and the association of any liability. All paddlers or their guardians must sign the event waiver from Paddlesport Risk Mgmt (PRM) as part of their registration and pay the \$3.40 liability premium fee. Clubs will enforce this requirement and submit their packet of signed event waivers along with their total premium payment to the registration tent no later than the end of the race day. The event-only waiver form is attached and will also be available on-site.

The Na Po'e O ke Kai Sprint Regatta is sanctioned by PNW-ORCA & Insured by PRM. Race rules and regulations are in accordance with PNW-ORCA and PRM.

Race course will be 250m laid out with 8 lanes (9 lanes space permitting) per PNW-ORCA.

Age groups/categories and race distances are in accordance with PNW-ORCA.

Use/carrying of life vests will be in accordance with PNW-ORCA and PRM.

Events #7, 8, 16, 17 & 25 must have an "open steersman" in accordance with PNW-ORCA.



**AWARDS:**

Ribbons will be awarded to the top 3 places in the following divisions – All Keiki, Juniors and Novice events.

**DIRECTIONS:**

From I-5, head toward Seattle's north side, near the University of Washington. Take the 45<sup>th</sup> and 50<sup>th</sup> streets exit. Continue to 50<sup>th</sup> Street and turn west. Continue on 50<sup>th</sup> Street for approximately 1 ½ miles, turn right onto Green Lake Way for approximately ¼ mile. Stay in left lane and take first left as it winds around Green Lake. Drive for another ¼ mile and you'll see the racing venue on your right. Parking will be in the lots on your left.

**FACILITIES:**

We will be near the aquatic center, and there's a permanent facility for restrooms. Parking is across the street from Green Lake and designated points along the perimeter road. This venue provides one of the best spectator viewing opportunities because of the course layout, the raised banks, and the shaded picnic areas. Park regulations require us to set our tents no closer than 10 ft from the paved path. Please plan accordingly. This is a popular outdoor recreation area, and we'll need to keep clear of the cycling and walking path that rings the lake. Please make this a picnic event for your club. We will not have any food for sale, however there are nearby eateries for those who choose not to pack a lunch. As in the past, we will have a raffle for plenty of good prizes to help us offset the expenses in using this venue.

**Any Questions:** Call Stan Dahlin at 425-985-2333 or email to [scdahlin@comcast.net](mailto:scdahlin@comcast.net)

## Sprints Pre-Registration Form

CLUB NAME: \_\_\_\_\_

EVENT #	OC-1/6	EVENT NAME	DISTANCE	Number of Crews Entering Race
Event No. #1	OC-6	Open Women	1500 Meters	
Event No. #2	OC-6	Open Men	1500 Meters	
Event No. #3	OC-6	16 & Under Girls	1000 Meters	
Event No. #4	OC-6	16 & Under Boys	1000 Meters	
Event No. #5	OC-6	Sr Master Women (50)	1000 Meters	
Event No. #6	OC-6	Sr Master Men (50)	1000 Meters	
Event No. #7	OC-6	10 & Under Girls	500 Meters	
Event No. #8	OC-6	10 Under Boys	500 Meters	
Event No. #11	OC-6	Kupuna Women or Men (NOT COED)	1000 Meters	
Event No. #12	OC-6	Master Women (40)	1000 Meters	
Event No. #13	OC-6	Master Men (40)	1000 Meters	
Event No. #16	OC-6	12 & Under Girls	500 Meters	
Event No. #17	OC-6	12 & Under Boys	500 Meters	
Event No. #18	OC-6	19 & Under Girls	1000 Meters	
Event No. #19	OC-6	19 & Under Boys	1000 Meters	
Event No. #22	OC-6	14 & Under Girls	500 Meters	
Event No. #23	OC-6	14 & Under Boys	500 Meters	
Event No. #24	OC-6	Novice Coed	1000 Meters	
Event No. #25	OC-6	12 & Under Coed	500 Meters	
Event No. #28	OC-6	14 & Under Coed	500 Meters	
Event No. #29	OC-6	Open Women	500 Meters	
Event No. #30	OC-6	Open Men	500 Meters	
Event No. #31	OC-6	16 & Under Girls	500 Meters	
Event No. #32	OC-6	16 & Under Boys	500 Meters	
Event No. #33	OC-6	Sr. Master Women (50)	500 Meters	
Event No. #34	OC-6	Sr. Master Men (50)	500 Meters	
Event No. #35	OC-6	Novice Women	500 Meters	
Event No. #36	OC-6	Novice Men	500 Meters	
Event No. #37	OC-6	Kupuna Master Women (60)	500 Meters	
Event No. #38	OC-6	Kupuna Master Men (60)	500 Meters	
Event No. #39	OC-6	Open Coed	500 Meters	
Event No. #40	OC-6	Master Women (40)	500 Meters	
Event No. #41	OC-6	Master Men (40)	500 Meters	
Event No. #42	OC-6	19 & Under Girls	500 Meters	
Event No. #43	OC-6	19 & Under Boys	500 Meters	
Event No. #44	OC-6	Men Open 4	500 Meters	
Event No. #45	OC-6	Women Open 4	500 Meters	

Please check all races entering and send to [jwzimm@gmail.com](mailto:jwzimm@gmail.com)

# PNWORCA

## PACIFIC NORTHWEST OUTRIGGER RACING CANOE ASSOCIATION

### PACIFIC NORTHWEST OUTRIGGER RACING CANOE ASSOCIATION OFFICIAL SPRINT REGISTRATION FORM

EVENT # \_\_\_\_\_ LANE # \_\_\_\_\_ BOAT# \_\_\_\_\_ HEAT # \_\_\_\_\_ TIME \_\_\_\_\_

(leave blank for Official use only)

Name of Host Race: \_\_\_\_\_ Date: \_\_\_\_\_

Entry Fee: \$36.00 per OC-6 - \$6.00 per OC-1 - Juniors 19 & under \$6.00 per OC-6

Club Name: \_\_\_\_\_

Event Name: \_\_\_\_\_ Event # \_\_\_\_\_

	PADDLER'S NAME*	AGE	
1			
2			
3			
4			
5			
6			

\*All paddlers must have a signed waiver on file with the PNW-ORCA Board of Directors & PRM releasing the member clubs and Association of any liability. Each paddler should be a paid member of the PRM covered club that is listed on the PNW-ORCA club membership list. No paddler will be allowed to race until the waiver forms have been signed and on file.



**Na Po'e O ke Kai  
May 28th, 2022**

**AMATEUR ATHLETIC RELEASE OF LIABILITY WAIVER**

In consideration of being allowed to participate in any way in this sports activity, related events and activities, the undersigned acknowledges, appreciates, and agrees that: The risk of injury or illness from participating in the activities involved in this sport is significant, including the potential for permanent paralysis and death; and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury or illness does exist; and, I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEE'S or others and assume full responsibility for my participation; and, I willingly agree to comply with the stated and customary terms and conditions for participation.

If I observe any unusual or significant hazard during my presence or participation, I will remove myself from participation and bring such hazard to the attention of the nearest official immediately; and, I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, **HEREBY RELEASE AND HOLD HARMLESS PADDLESPORT RISK MANAGEMENT, LLC; HUI WA'A O WAKINIKONA;** their officers & directors, officials, agents, and/or employees, other participants, sponsoring agencies, commissions, sponsors, advertisers, volunteers, coaches, steerers, and, if applicable, owners and lessors of premises used to conduct the event ("RELEASEE'S"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEE'S OR OTHERWISE.

I also acknowledge that photographs and video may be taken of me in my participation in, and attendance at this event, and hereby freely agree to allow without restriction all uses of such photos and videos in the reporting of these activities, and/or in the promotion of this event, its location, other sporting events, sport in general, and/or related purposes.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

**PLEASE COMPLETE ALL SECTIONS**

_____	Address: _____
(Participant Name: PLEASE PRINT)	_____
Email Address: _____	Emergency Contact Name: _____
Phone: _____	Phone: _____
Signature: _____	Date: _____

**FOR PARTICIPANTS OF MINOR AGE (UNDER AGE 18 AT THE TIME OF REGISTRATION)** This is to certify that I, as parent/legal guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above, of all the Releasee's, and, for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasee's from any and all liabilities incidental to my minor child's involvement or participation in the programs as provided above, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEE'S, to the fullest extent permitted by law. I further agree to the photographic and video release set forth above.

Parent/Legal Guardian Name & Address: (PLEASE PRINT) \_\_\_\_\_ Minor DOB: \_\_\_\_\_  
Address: \_\_\_\_\_ Emergency Contact # \_\_\_\_\_  
Signature of Parent/Legal Guardian: \_\_\_\_\_ Date: \_\_\_\_\_